

**Work Stream 6: Life Opportunities  
Meeting 1: 2nd July 2014**

**Present:** Susan Fullerton (Minutes), Lorene Amet, Vincent Kennedy, Alison Ross, Ruth Martin

**Apologies:** Sandra Craig, Lynne Baxter, Sheena Allan, Lynne MacInnes, Holly McGoldrick, Janet Stirling, Wendy Sharp, Catherine Findlay, Elizabeth Findlay, Ruth Glynne Owen

Susan thanked the group for coming together, and introductions were made.

This is the first meeting of work stream 6. The purpose of the meeting is to brief the group, and identify the priorities to take forwards. The aim for this group is to focus on ASD across the lifespan, and identify what services and support is currently in existence in our area. This information will then be available on the new website, and will therefore act as a signposting tool for families and individuals with ASD. There is a FV agreement to develop the website across FV, with input from Falkirk Council.

Suggestion that where possible information stated within the menu of intervention could be referred to within this group. The Menu of Intervention (MOI) should be made available on the website when it is developed. This group will not focus on developing services in relation to the MOI, but will signpost families to services that are available. Following this discussion, it was suggested that this group could be renamed 'Care Pathways'.

Information to be sourced is as follows;

- what services area available
- what is the process to access the service
- what can this service help with
- how could this service benefit my child
- contact details

Access to Speech and Language Therapy

- no learning disability = open referral
- Adult S&L team is based in FV Royal
- with learning disability - open referral, but through Drummond House integrated teams

Acknowledgement that High Functioning Autism can come across as something else, such as OCD or Anxiety Disorders. This information could be used to inform care pathways.

Alison Ross shared some contact names from Adult Psychiatry, and Allied Health Teams. Alison to forward details on to Susan, including those for Morag McKellar

from Children's Dietetics. Alison also updated the group that the Child Health Forum would be restarting. Glynnis Gordon from Community Nursing/Health Visitors is also a good contact.

Living it Up was suggested as a tool to use to share information about what is happening and available locally, although there has been mixed reviews with regards to whether this is only for age 50+, and also how long its funding will be in place for.

\*A suggestion that has been made to me since the meeting is that we explore the use of ALISS. ALISS (A Local Information System for Scotland) is a search and collaboration tool for Health and Wellbeing resources in Scotland. It helps signpost people to useful community support, and with an ALISS account you can contribute the many and varied resources that our local communities have to offer. Information from Living it up appears to be integrated onto this.

#### Adult Learning

There is 2 grouping of adults who use the service

1. carer involved in some ways, and helps to identify the learning need, and how the service can meet the need.
2. could be that someone wants to improve their communication skills, build confidence, writing skills, computer use etc. Groups can work on literacy, ASDAN

Groups are not specific to ASD, but are open to all.

#### **Actions going forwards**

1. Susan to contact Alison for specific contact details for key links within health services
2. Susan to pull together a list of questions to send to agencies to gather information
3. Susan to find out about Living it Up/ALISS re how to use these tools, and whether the FV Autism site can link to this
4. No further meeting set at present