

Appendix 3 – Action Plans

Action Plans

Workstream 1 : Assessment & Diagnosis

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
1- Pre-diagnosis	1.1	Ensure that GP's, nurses and health visitors are trained in recognising signs of autism and are aware of existing diagnosis pathways	NHS, NES	2 years	2,3,4,8	Improved awareness of autism indicators for those in front line services
2- Assessment & Diagnosis	2.1	Multi-disciplinary assessment diagnostic team of health professionals, for adults with or without a learning disability. Essential members to include psychiatry, nursing, psychology, speech therapy and occupational therapy	NHS	2 years	6,8,10	Multi-disciplinary diagnosis pathways for children and adults
	2.2	Evaluate current gaps in diagnosis for adults with ASD, with or without a mental health or learning disability diagnosis	NHS	2 years	5,6,8,9,10	Gap analysis ensuring that significant gaps are resolved.
	2.3	Evaluate current care pathways for assessment and diagnostic procedures within child services and learning disability services and use this to inform a care pathway for adult services	CAMS Paediatrics LD	2 years	5,6,8,9,10	Clear care pathway for adults

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
3- Assessment: co-morbid health issues	3.1	Ensure health staff have appropriate training to recognise and identify problems of co-existing mental health and/or physical conditions and can provide the required clinical support	NES	2 years	2,3,4	All health staff will be trained appropriately
	3.2	Develop training for health staff and other professionals to raise awareness on how unmet health issues can impact on behaviour	NES	5 years	2,3,4	Training available for assessment and intervention.
4- Post-diagnosis: liaise with support services	4.1	Liaise with post- diagnosis support & intervention services	NHS	2 years	8	Seamless transfer to post diagnosis services

Workstream 2: Life Opportunities

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
	1.1	Create a directory of local services	All workstreams	2 years	3,6	Clarity on local services for people with autism, families and carers
	2.1	Develop a Menu of Intervention	Education	2 years	2,4,5,8,9,10	Clarity on who can help and sign post the ASD child
	3.1	Produce a parents/ carers' guide to ASD	Education	2 years	2,3,6	Clarity on transitions ahead
	4.1	Create a directory of welfare benefits available to individuals with ASD, their families and carers	Education	2 years	3,6	Clarity on individual educational goals
	5.1	Identify key legislation to support individuals with ASD	NHS	2 years	2,6	Access to services
	6.1	Access to further education/ adult classes	Third Sector Providers, Social Services	2 years	2,4,6	Continued learning
	7.1	Review the availability of appropriate housing options and housing support	Housing	2 year	1,8	Support independent living

Workstream 3: Information and Awareness

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
1- Training	1.1	Access to integrated training plan for the following: (1) Education (2) Health (3) Care providers (4) Police (5) Front line staff (6) Parents	All workstreams	2 years	2,4,9	An Integrated training plan that delivers appropriate training
	1.2	Training for front line staff in communication strategies, behavioural intervention and IT technologies (assisted communication etc.)	NES, Education, Multi-Agencies, Social Services	5 years	2,4,6	Delivery of better outcomes for people with ASD
	1.3	Define the quality standards for ASD awareness training services.	All workstreams	2 years	8,10	Quality indicators for commissioning ASD services.
2- Information	2.1	Create an Autism Forth Valley website & social networking sites	Social Services	2 years	3,5,8	Good quality, up to date and easily accessible information
	2.2	All partnership organisations to review autism information on their portals	All workstreams	2 years	3,8	Good quality up to date information

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
3- Awareness	3.1	Autism Awareness Day Sub-committee to plan 6 months ahead for April 15 and April 16	Third Sector Providers, Social Services	2 years	1,3	Increased awareness of autism
	3.2	Develop a Forth Valley "We are Autism Aware" certification scheme for local businesses	Social Services	2 years	1,4	Improved autism awareness in communities
	3.3	Develop a Safe Place Scheme in partnership with statutory and third sector providers, mental health and Learning Disability	NHS, Police Forces, Social Services	10 years	1,4	A safe place for people with ASD
	3.4	Police, Health and Council to identify autism champions to raise awareness of ASD within statutory services	NHS, Police Forces, Education, Housing, Social Services, Criminal Justice	2 years	2,8	Improved autism awareness in communities

Workstream 4: Families & Carers

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
1- Engagement	1.1	Families and carers will be more involved in the development of, and have direct input into, care plans	All Workstreams	2 years	1,8	Care plans developed in co-operation with service users, families and carers
	1.2	Families/carers to have access to a support pathway	Stirling & Clacks Council's (website to be updated accordingly)	2 years	1,7,8	Improved signposting to supports and services for families and carers of people with autism
	1.3	Families and carers will be consulted with on a regular basis with regards to the support offered to the person they care for	All Workstreams	2 years	1,3	Families and carers will be treated as equal partners in care
2- Information	2.1	Develop a local service directory for families, carers, professionals and provider organisations	All Workstreams	2 years	3,8	Families, carers and other stakeholders will be well informed on availability of local services and support
	2.2	Promote advocacy services for families and carers	Central Advocacy Partners and Forth Valley Advocacy	2 years	3,7,8	Carers and families will have access to advocacy as required
	2.3	Ensure unpaid carers have access to a Carers Assessment/Support Plan and timely support	Carers Centres, Social Services	2 years	2,4,5	Carers will feel supported to manage their caring role

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
3- Transitions	3.1	Ensure families and carers are informed and supported at each transition stage	All Workstreams	2 years	1,6,8,9	Families and carers are treated as equal partners in care
	3.2	Individual Education Plans (IEP) & Child's Plans for children with autism reflect the views of families, carers and the whole Team Around the Child (TAC)	Education	2 years	5,6,9	People with autism have access to appropriate education provision and consistent levels of support
4- Respite/Short Breaks	4.1	Ensure variety and choice of local short breaks that meet the needs of the individual, family and carers	All Workstreams	2 years	7,8,9	Carers report positive morale, emotional and mental health
	4.2	Carers for people with autism will be able to access local peer support	All Workstreams	2 years	1,8	Families and carers are supported to manage their caring role.
	4.3	Evaluate respite/short break options in consultation with service users their family and carers	All Workstreams	2 years	5,7,10	Respite provision meets carers' needs
5. Social Opportunities	5.1	Provide appropriate support, information and advice for siblings and young carers of people with autism	All Workstreams	2 years	3,4	Siblings and young carers are supported within their caring role
	5.2	Knowledge of Self Directed Support options	All Workstreams	2 years	6,8	Carers have access to personalised and tailored support
	5.4	Appropriate support should be available to parent/carers who have a diagnosis of autism	All Workstreams	2 years	8,9	Carers with additional support needs receive appropriate support

Workstream 5: Transitions

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
1- Transition Planning	1.1	Develop a transition passport Autism App	Education, Social Services	2 years	3,6,8	Improved experience of transition for people with ASD
	1.2	Develop Autism transition planning guidelines for all services	Education, Social Services	2 years	3,6,8,9,10	Improved experience of transition for people with ASD
	1.3	Ensure information on transition and support is available to people with ASD, families and carers	Education, Social Services	2 years	2,3,9	People with ASD, families and carers are prepared for transition and supported throughout
	1.4	Ensure involvement of multi-agency partners in transition processes	Education, Social Services	2 years	3,6,8,10	Multi-agency care pathways to improve the support for people with ASD

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
2- Post School Transition Pathways and destinations	2	Liaise with local services for adults with ASD	Education, Social Services	2 years	4,5,6	Improved access to Life Opportunities, better outcomes for people with autism, crisis prevention
	2.1	Liaise with further education services	Education, Social Services	5 years	4,5,6	Identify and develop employability potential
	2.2	Liaise with employment and volunteering services	Education, Social Services	5 years	4,5,6	Remove barriers to accessing services by aligning eligibility criteria to social, communication and behavioural needs
	2.3	Develop local transition support networks (including support groups, peer support, online presence) to ensure that families are supported through transitions processes	Education, Social Services	2 years	4,5,6,10	Improve access to support services during key transition stages
		Ensure support is available to people with ASD, families and carers during transition	Education, Social Services	2 years	3,6,9	Appropriate and timely support to people with ASD

Workstream 6: Employment Opportunities

Area for action	ID No	Action required	Responsibility	2, 5 or 10 years	Best Practice Indicators	Outcome
Employment and volunteering opportunities	1	Review information available to support people with ASD to access employment	Employability, Job Centre Plus, Social Services	2 years	3,6	People with autism will have access to clear information on pathways to employment
	2	Create a directory of Autism-friendly employers	Multi-Agency	5 years	6,8	Individuals with ASD will have positive employment experiences
	3	Review training and further education opportunities available to people with ASD	Education, Social Services	5 years	4,6,8	People with ASD have access to training that will lead to employment and volunteering opportunities
	4	Support Job Centre Plus to develop clear pathways for signposting people with ASD to appropriate services	Job Centre Plus, Social Services	2 years	2,6,8,9	People with ASD are better supported into work
	5	Review & evaluate work experience opportunities	Employability	2 years	5,10	Better informed service delivery
		Extend the Job Centre Plus buddy/coach system to include people with ASD	Job Centre Plus, Social Services	2 years	2,6,8,9	People with ASD are better supported into work